

MichaelaArt & Sci repCrump		p Decemb	ber/2022 ho	ours contributed: 7.5 hours	
THINGS TO CONSIDER INCLUDING IN MY REPORT					
Goal Type:	Goals I'm pursuing	Meetings I've prepared for & debrief	Tactics on sharing event Information	SU Upcoming programs & services	
Include for Each Goal:	Details on upcoming tasks I will be completing	Important dates/deadlines	People I will need work with	to Resources I might need to gather	
Meetings & activities attended, people I've spoken with:	Reflect on what I've accomplished	Challenges I've encountered	How my work has impacted students my constituency		

## LOOKING BACK

**NOTE:** Please give more details than the examples shown. If you have nothing to report in a particular line, just type in "Nothing to report".

Hours Breakdown	GA meeting- 3 hours		
(Meetings, events and activities that I've attended in my role, with	R.E.C. Room work -2.5 hours		
an hours breakdown)	-Meetings with the working group to plan R.E.C. room launch		
	-Meetings and communication with Kari for logo design, marketing, swag order		
	MHWG meeting- 1 hour		
	-reviewing the last mental health week (what worked and didn't)		
	-planning for the stress less week in January		
	Stress Less week planning- 1 hour		
	-emails/communication with the counselling center, art gallery, and individuals to plan events		
Highlights and Reflection on monthly activity (Information of note, what went	Developed a name and logo for the R.E.C. Room to create spaces for students		
well, what did not)	on campus.		

<b>Projects in Progress</b> (Projects that I am currently working on, who I am working with, what resources do I require?)	Meeting with the Mental Health working group to start planning Stress Less Wee in January Meeting with Kathleen Massey to work on joint projects to improve student mental health Finishing sharing of EAC survey results with EC	
<b>Completed Projects</b> (Projects that I have completed, what went well, what did not, and why)	N/A	
<b>Challenges I've encountered:</b> (eg: I can't get volunteers, not enough funding, the equipment didn't work properly, etc.).		
Goals I've accomplished this month: (kept up with regular duties &/or accomplished additional goals)	Developed a logo for the R.E.C. Room	
	MOVING FORWARD	
<b>Current or upcoming tasks:</b> (upcoming activities or tasks I will be participating in or spearheading, possible timeline of completion, who will I be working with).	Stress Less Week Jan 23-27 -reach out to campus businesses, clubs, and services for support with stress less week	
Goals for next month: (What I would like to accomplish next month as a ULSU representative)	-planning and scheduling for stress less week -assisting with launch of the R.E.C. Rooms across campus	
Important dates/deadlines: (important deadlines related to my goals or position).	Stress Less Week Jan 23-27	